



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.**

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage you can access our [Member Reference Desk](#) or by calling 1.866.539.3342 or 517.364.8567 locally. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1.866.539.3342 or 517.364.8567 locally to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$7,500 Individual / \$15,000 Family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible ?	Yes. Preventive care and other services as noted are covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the annual deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at https://www.alwayshealthpartners.org .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan ?	\$9,000 Individual / \$18,000 Family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limit until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums and health care this plan doesn't cover.	Even though you pay these expenses they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. See www.phpmichigan.com or call 1.866.539.3342 or 517.364.8567 locally for a list of network providers .	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No.	You can see the network specialist you choose without a referral .



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies, unless stated otherwise.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary Care visit to treat an injury or illness.	\$50 copay /visit, deductible does not apply Subject to deductible , then 50% coinsurance for associated services	Not covered Not covered	Convenience care facilities are covered under this benefit.
	Specialist visit	\$100 copay /visit, deductible does not apply Subject to deductible , then 50% coinsurance for associated services	Not covered Not covered	Allergy services (not including injections) are covered at 50% coinsurance after deductible from network providers only.
	Preventive care/screening /immunization	No charge	Not covered	You may have to pay for services that aren't preventive . Ask your provider if the services needed are preventive . Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray)	Subject to deductible , then 50% coinsurance	Not covered	None.
	Diagnostic test (blood work)	Subject to deductible , then 50% coinsurance	Not covered	None.
	Imaging (CT/PET scans, MRIs)	Subject to deductible , then 50% coinsurance	Not covered	None.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://www.caremark.com/wps/portal .	Tier 1 – Generic drugs	\$25 copay per prescription, deductible does not apply (retail) \$50 copay per prescription, deductible does not apply (mail order)	Not covered (retail) Not covered (mail order)	Covers up to a 31-day supply (retail prescription); 32-90-day supply (mail order prescription). ACA mandated preventive drugs such as select contraceptive and tobacco cessation medications are covered with no member cost share.
	Tier 2 – Preferred brand drugs	Subject to deductible , then \$50 copay (retail) Subject to deductible ,	Not covered (retail) Not covered (mail order)	

* For more information about limitations and exceptions, see the certificate of coverage at www.phpmichigan.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
		then \$100 copay (mail order)		<p>Preferred Tobacco Cessation Products are only available from retail network pharmacies in up to 31-day supply.</p> <p>All Specialty Drugs regardless of tier placement are only available from CVS mail-order specialty pharmacy in up to a 31-day supply.</p> <p>If a brand-name drug has a generic drug that is chemically the same, you pay your applicable copay or coinsurance amount plus the difference between the brand-name and generic price.</p> <p>Some drugs require prior approval for coverage. Call us for more information.</p>
	Tier 3 – Non-preferred brand drugs	Subject to deductible , then \$100 copay (retail) Subject to deductible , then \$200 copay (mail order)	Not covered (retail) Not covered (mail order)	
	Tier 4 – Specialty drugs	Not covered (retail) Subject to deductible , then \$500 copay (mail order)	Not covered (retail) Not covered (mail order)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Subject to deductible , then 50% coinsurance	Not covered	Female sterilization is covered at no member cost share when using network providers. Prior approval required for coverage of certain surgeries. Call us for the complete list.
	Physician/surgeon fees	Subject to deductible , then 50% coinsurance	Not covered	Female sterilization is covered at no member cost share when using network providers. Prior approval required for coverage of certain surgeries. Call us for the complete list.
If you need immediate medical attention	Emergency room care	Subject to deductible , then 50% coinsurance Subject to deductible , then 50% coinsurance for associated services	Subject to deductible , then 50% coinsurance Subject to deductible , for associated services then 50% coinsurance	Prior approval is required for coverage if admitted from the Emergency Department for an inpatient stay.
	Emergency medical transportation	Subject to deductible , then 50% coinsurance	Subject to deductible , then 50% coinsurance	
	Urgent care	\$75 copay /visit, deductible does not apply Subject to deductible , then 50% coinsurance for associated services	\$75 copay /visit, deductible does not apply Subject to deductible , then 50% coinsurance for associated services	

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	Subject to deductible , then 50% coinsurance	Not covered	Prior approval required for coverage of inpatient stays. Transplants must be at Designated Facilities.
	Physician/surgeon fees	Subject to deductible , then 50% coinsurance	Not covered	Prior approval required for coverage of inpatient stays.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$50 copay /visit, deductible does not apply Subject to deductible , then 50% coinsurance for associated services	Not covered	Prior approval required for coverage of non-routine services, including ABA services and inpatient stays.
	Inpatient services	Subject to deductible , then 50% coinsurance	Not covered	Prior approval required for coverage of non-routine services, including ABA services and inpatient stays.
If you are pregnant	Office visits	Included in professional services below	Included in professional services below	Depending on the type of services, a coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). Prior approval required for coverage if inpatient stay exceeds federally established minimum time frames. Cost sharing does not apply for preventive services.
	Childbirth/delivery professional services	Subject to deductible , then 50% coinsurance	Not covered	
	Childbirth/delivery facility services	Subject to deductible , then 50% coinsurance	Not covered	
If you need help recovering or have other special health needs	Home health care	Subject to deductible , then 50% coinsurance	Not covered	Prior approval required for coverage.
	Rehabilitation services	\$50 copay /visit, deductible does not apply	Not covered	Covered services for treatment of autism are not included in below limits. Prior approval required for coverage of outpatient speech therapy.
	Habilitation services	\$50 copay /visit, deductible does not apply	Not covered	Outpatient Speech Therapy Limit: Limit for ST of 30 visit(s) per calendar year. Outpatient Pulmonary and Cardiac Therapy Limit: Combined limit for cardiac/pulmonary of 30 visit(s) per calendar year.

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
				Outpatient Physical and Occupational Therapy Limit: Combined limit for PT/OT of 30 visit(s) per calendar year.
	Skilled nursing care	Subject to deductible , then 50% coinsurance	Not covered	Prior approval required for coverage. Limit of 45 day(s) per calendar year.
	Durable medical equipment	50% coinsurance , deductible does not apply	Not covered	Prior approval required for coverage of certain items of DME. Call us for current information.
	Hospice services	Subject to deductible , then 50% coinsurance	Not covered	None.
If your child needs dental or eye care	Children's eye exam	No charge	Not covered	This is a preventive service. Routine Eye Exam for Children Limit: limit of 1 exam(s) per calendar year.
	Children's glasses	Subject to deductible , then 50% coinsurance	Not covered	Other limitations apply. Lenses for Children Limit: limit of 1 pair(s) per calendar year.
	Children's dental check-up	Not covered	Not covered	This plan has no coverage for this service.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .)		
<ul style="list-style-type: none"> Acupuncture Cosmetic Surgery Dental Care 	<ul style="list-style-type: none"> Elective abortion as defined by the State of Michigan Hearing aids and services Infertility treatment and medications to conceive a pregnancy 	<ul style="list-style-type: none"> Non-emergency care when traveling outside the U.S. Routine eye care (adult) Routine foot care
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
<ul style="list-style-type: none"> Bariatric surgery Chiropractic care 	<ul style="list-style-type: none"> Infertility treatment to treat the underlying conditions that result in infertility only 	<ul style="list-style-type: none"> Weight loss services, including qualified programs Gender affirming care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Michigan Department of Insurance & Financial Services (DIFS), the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

* For more information about limitations and exceptions, see the certificate of coverage at www.phpmichigan.com.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: PHP at 1.800.832.9186 or 517.364.8500 locally. You may also contact the Michigan Department of Insurance & Financial Services (DIFS), the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage?

Not Applicable.

Does this plan meet the Minimum Value Standards?

Not Applicable.

Physicians Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. PHP does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. PHP provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters; written information in other formats (large print, audio, accessible electronic formats, other formats); and provides free language services to people whose primary language is not English, such as qualified interpreters; and information written in other languages. If you need these services, contact Customer Service at 800.832.8186 (TTY 711). If you believe that PHP has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the PHP Civil Rights Coordinator, mailing address: PO Box 30377 Lansing MI 48909-7877, phone: 800.832.9186, (TTY 711), fax: 517.364.8406 email: phpcompliance@phpmm.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the PHP Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, D.C. 20201, 1.800.368.1019, 800.537.7697 (TTD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Language Access Services: If you, or someone you are helping, has questions about this Plan, you have the right to get help and information in your language at no cost. To talk to an interpreter, call our Customer Service Department at 517.364.8500 or 800.832.9186 (TTY 711).

Spanish: Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de PHP, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 517.364.8500 - 800.832.9186 (TTY 711).

Arabic:

إن كان لديك أو لدى شخص مساعدته أسئلة بخصوص PHP، ف لديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون أية تكلفة. للتحدث مع مترجم الصل بـ 17.364.8500 -- 800.832.9186 - (TTY-711) ١

Chinese: 如果您，或是您正在協助的對象，有關於(插入SBM項目的名稱)方面的問題，您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員，請撥電話(在此插入數字)517.364.8500 - 800.832.9186 (TTY 711)。

German: Falls Sie oder jemand, dem Sie helfen, Fragen zum PHP haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 517.364.8500 - 800.832.9186 (TTY 711) an.

Italian: Se tu o qualcun o che stai aiutando avete domande su PHP, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare 517.364.8500 - 800.832.9186 (TTY 711).

Japanese: ご本人様、またはおお客様の身の回りの方でも、PHPについてご質問がございましたら、ご希望の言語でサポートを受けたり、情報を入力したりすることができます。料金はかかりません。通訳とお話される場合、517.364.8500 - 800.832.9186 (TTY 711) までお電話ください。

Korean: 만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 PHP에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담 없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 517.364.8500 - 800.832.9186 (TTY 711) 로 전화하십시오.

Polish: Jeśli Ty lub osoba, której pomagasz, macie pytania odnośnie PHP, masz prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiać z tłumaczem, zadzwoń pod numer 517.364.8500 - 800.832.9186 (TTY 711).

Russian: Если у вас или лица, которому вы помогаете, имеются вопросы по поводу PHP, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 517.364.8500 - 800.832.9186 (TTY 711).

Syriac:

ئێ-كان لاديك أو لادي شخص مساعدته أسئلة بخصوص PHP، ف لديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون أية تكلفة. للتحدث مع مترجم الصل بـ 17.364.8500 -- 800.832.9186 - (TTY-711) ١

Tagalog: Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa PHP, may karapatan ka na makakuha ng tulong at impormasyon sa iyong wika ng walang gastos. Upang makausap ang isang tagasalin, tumawag sa 517.364.8500 - 800.832.9186 (TTY 711).

Vietnamese: Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về PHP, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 517.364.8500 - 800.832.9186 (TTY 711).

Bengali: যদি আপনি, 517.364.8500 - 800.832.9186 আপনি অথবা কাউকে সহায়তা করছেন, সম্পর্কে প্রশ্ন আছে PHP, আপনার অধিকার আছে দাবী করতে আপনার নিজস্ব ভাষায় সাহায্য পাবার এবং তথ্য জানিবার। অধিকারের সাক্ষ্য কথা বলার জি.এ.এ.এ. 517.364.8500 - 800.832.9186 (TTY 711)।

Albanian: Nëse ju, ose dikush që po ndihmonj, ka pyetje për PHP, keni të drejtë të merrni ndihmë dhe informacion falas në gjuhën tuaj. Për të folur me një përkthyes, telefononi numrin 517.364.8500 - 800.832.9186 (TTY 711).

Serbo-Croatian: Ukoliko Vi ili neko kome Vi pomažete ima pitanje o PHP, imate pravo da besplatno dobijete pomoć i informacije na Vašem jeziku. Da biste razgovarali sa prevodiocem, nazovite 517.364.8500 - 800.832.9186 (TTY 711).

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The plan's overall deductible	\$7,500	■ The plan's overall deductible	\$7,500	■ The plan's overall deductible	\$7,500
■ Specialist coinsurance	\$100	■ Specialist coinsurance	\$100	■ Specialist coinsurance	\$100
■ Hospital (facility) coinsurance	50%	■ Hospital (facility) coinsurance	50%	■ Hospital (facility) coinsurance	50%
■ Other coinsurance	50%	■ Other coinsurance	50%	■ Other coinsurance	50%
This EXAMPLE event includes services like: Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and blood work</i>) Specialist visit (<i>anesthesia</i>)		This EXAMPLE event includes services like: Primary care physician office visits (<i>including disease education</i>) Diagnostic tests (<i>blood work</i>) Prescription drugs Durable medical equipment (<i>glucose meter</i>)		This EXAMPLE event includes services like: Emergency room care (<i>including medical supplies</i>) Diagnostic test (<i>x-ray</i>) Durable medical equipment (<i>crutches</i>) Rehabilitation services (<i>physical therapy</i>)	
Total Example Cost	\$12,700	Total Example Cost	\$5,500	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
<i>Cost Sharing</i>		<i>Cost Sharing</i>		<i>Cost Sharing</i>	
Deductibles	\$7,500	Deductibles*	\$3,800	Deductibles*	\$2,000
Copayments	\$0	Copayments	\$700	Copayments	\$400
Coinsurance	\$1,500	Coinsurance	\$0	Coinsurance	\$100
<i>What isn't covered</i>		<i>What isn't covered</i>		<i>What isn't covered</i>	
Limits or exclusions	\$50	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$9,050	The total Joe would pay is	\$4,500	The total Mia would pay is	\$2,500

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.