

# DRUG DETERMINATION POLICY

**Title:** DDP-06 Hepatitis C Agents

**Effective Date:** 06/04/2019



Physicians Health Plan  
PHP Insurance Company  
PHP Service Company

## Important Information - Please Read Before Using This Policy

The following policy applies to health benefit plans administered by PHP and may not be covered by all PHP plans. Please refer to the member's benefit document for specific coverage information. If there is a difference between this general information and the member's benefit document, the member's benefit document will be used to determine coverage. For example, a member's benefit document may contain a specific exclusion related to a topic addressed in a coverage policy.

Benefit determinations for individual requests require consideration of:

1. The terms of the applicable benefit document in effect on the date of service.
2. Any applicable laws and regulations.
3. Any relevant collateral source materials including coverage policies.
4. The specific facts of the particular situation.

Contact PHP Customer Service to discuss plan benefits more specifically.

### 1.0 Policy:

This policy describes the determination process for coverage of specific drugs.

This policy does not guarantee or approve Benefits. Coverage depends on the specific Benefit plan. Pharmacy Benefit Determination Policies are not recommendations for treatment and should not be used as treatment guidelines.

### 2.0 Background or Purpose:

Hepatitis C Agents are specialty antiviral drugs indicated for treating detectable Hepatitis C virus. These criteria were developed and implemented to ensure appropriate use for the intended diagnoses.

### 3.0 Clinical Determination Guidelines:

Document the following with chart notes:

#### A. Hepatitis C

1. Age >18 years.
2. Prescribing physician: infectious disease, gastroenterologist, hepatologist.
3. Diagnosis and severity.
  - a. Detectable HCV RNA.
  - b. Documented genotype.
  - c. Fibrosis score: METAVIR score: F1 and above.
4. Patient lifestyle
  - a. Negative urine and blood drug screening (10 panel) within a month of treatment initiation.
  - b. Alcohol abstinence attestation.
5. Treatment option(s)
  - a. Preferred: meets below (go to <https://www.hcvguidelines.org/>):

- i. FDA approved for specific genotype, treatment history and cirrhosis status.
- ii. Preferred agent based on current Pharmacy and Therapeutics Committee recommendation: Mavyret and generic Epclusa (sofosbuvir/velpatasvir).
- c. Non-preferred: contraindication to preferred treatment option(s).

6. Dosage regimen (go to <https://www.hcvguidelines.org/>).

**B. Exclusions**

General: non-FDA approved indications, dosage, frequency, duration, or routes of administration.

**4.0 Unique Configuration/Prior Approval/Coverage Details:**

None.

**5.0 References, Citations & Resources:**

1. Lexicomp Online® Lexi-Drugs®, Hudson, Ohio: Lexi-Comp, Inc.; Viekira Pak, Harvoni, Sovaldi, Daklinza, Techni Accessed March 2019.
2. All-oral 12-week treatment with daclatasvir plus sofosbuvir in patients with hepatitis C virus genotype 3 infection: ALLY-3 phase III study. *Hepatology* 2015; 61(4):1127-35.
3. Ombitasvir + paritaprevir plus ritonavir w or w/o ribavirin in treatment-naive and treatment-experienced patients with genotype 4 chronic hepatitis C virus infection (PEARL-I): a randomized, open-label trial. *Lancet*. 2015.
4. Diagnosis of cirrhosis by transient elastography (FibroScan). *Gut* 2006; 55:403-408.
5. AASLD/IDSA/IAS-USA. Recommendations for testing, managing, and treating hepatitis C. [www.hcvguidelines.org](http://www.hcvguidelines.org). Accessed on March 2018.
6. Zepatier oral tablets (elbasvir/grazoprevir) Package Insert. Merck & Co. Inc. 2016.
7. Practice of FibroTest for Hepatitis C Accessed from BioPredictive site on 2/9/17 [http://www.biopredictive.com/intl/physician/fibrotest-for-hcv/view?set\\_language=en](http://www.biopredictive.com/intl/physician/fibrotest-for-hcv/view?set_language=en).
8. Chronic Hepatitis C Virus (HCV) Infection: Treatment Considerations; Department of Veterans Affairs National Hepatitis C Resource Center and the HIV, Hepatitis and Related Conditions Program in the Office of Specialty Care Services October 18, 2017.
9. University of Liverpool HEP Drug Interactions: <https://www.hep-druginteractions.org/>; accessed March 2018.

**6.0 Appendices:**

Appendix I: METAVIR Fibrosis Score & Activity Score

<b>Fibrosis</b>	<b>Score</b>	<b>Activity</b>	<b>Score</b>
No fibrosis	F0	No activity	A0
Portal fibrosis without septa	F1	Mild activity	A1
Few Septa	F2	Moderate activity	A2
Numerous septa w/o cirrhosis	F3	Severe activity	A3
Cirrhosis	F4		

Appendix II: Monitoring & Patient Safety

Drug	Adverse Reaction	Monitoring Parameters	REMS
Daklinza (daclatasvir)	<ul style="list-style-type: none"> <li>CNS: fatigue (11-18%) HA (9-17%)</li> <li>GI: nausea (6-11%)</li> </ul>	<ul style="list-style-type: none"> <li>Labs: LFT, Cr (pre,during), HCV-RNA (pre &amp; post)</li> </ul>	None needed
Epclusa (sofosbuvir + velpatasvir)			
Harvoni (ledipasvir + sofosbuvir)			
Mavyret (glecaprevir + pibrentasvir)			
Zepatier (elbasvir + grazoprevir)			
Viekira Pak	<ul style="list-style-type: none"> <li>CNS: fatigue (34%), insomnia (5-26%)</li> <li>Derm: hypersensitivity rxns (7-24%), pruritus (7%-18%)</li> <li>GI: nausea (7-18%)</li> <li>Neuro/MSK: Weakness (4-14%)</li> </ul>	<ul style="list-style-type: none"> <li>Labs: ALT/SGPT (baseline &amp; during), HCV-RNA (pre &amp; post)</li> </ul>	None needed
Technivie (ombitasvir, paritaprevir, ritonavir)	<ul style="list-style-type: none"> <li>CNS: fatigue (7-15%), Asthenia 25-29%), insomnia (5-13%)</li> <li>GI: nausea (9-14%)</li> </ul>	<ul style="list-style-type: none"> <li>Labs: ALT/SGPT (baseline &amp; during), HCV-RNA (pre &amp; post)</li> </ul>	None needed
Sovaldi (sofosbuvir)	<ul style="list-style-type: none"> <li>CNS: fatigue (30-59%), HA (24-44%), Insomnia (15-29%)</li> <li>Derm: pruritus (11-27%), skin rash (8-18%)</li> <li>GI: nausea (22-34%), diarrhea (9-12%)</li> <li>Hem/Onc: ↓Hgb (6-23%), anemia (6-21%)</li> <li>Neuro/MSK: weakness (5-21%), myalgia (6-14%)</li> <li>Resp: flu-like Sx (6-16%)</li> <li>Misc: fever (4-18%)</li> </ul>	<ul style="list-style-type: none"> <li>Labs: LFT, Cr (Pre, during), HCV-RNA (pre &amp; post)</li> <li>Pregnancy test: pre &amp; monthly &lt; 6 months post d/c</li> </ul>	None Needed

**7.0 Revision History:**

Original Effective Date: 06/26/2014

Last Approval Date: 06/04/2019

Next Review Date: 03/25/2021

Revision Date	Reason for Revision
2/19	Transitioned to new format
3/19 and 5/19	Reviewed at P & T Workgroup